



OVERBROOK SCHOOL FOR THE BLIND
June 2025 Secondary and STRIDE Menu
Harvest of the Month ~ STRAWBERRIES

Monday	Tuesday	Wednesday	Thursday	Friday
2 Meatball Sandwich Steamed Spinach Chilled Pears Milk	3 Chicken Burrito Bowl Corn and Black Bean Medley Chilled Peaches Milk	4 Breakfast for Lunch French Toast Scrambled Eggs and Turkey Sausage Strawberry Smoothie Milk	5 Brisket Stroganoff over Egg Noodles Steamed Broccoli Chilled Apricots Milk	6 Baked Fish Sticks Baked Fries Steamed Carrots Fruit Cocktail Milk
9 Spaghetti Bolognese Steamed Peas Whole Grain Roll Chilled Pears Milk	10 Chicken Cheesesteak Steamed Carrots Apple Slices Milk	11 Alfredo Beef-A-Roni Steamed Spinach Chilled Mandarin Oranges WG Roll Milk	12 General Tso with Broccoli Brown Rice Chilled Peaches Milk	13 Fish Po'Boy Sandwich Steamed Corn Fruit Cocktail Milk
16 Turkey and Cheese Sandwich Steamed Broccoli Chilled Pears Milk	17 Chicken Nuggets WG Noodles Steamed Carrots Applesauce Milk	18 No School for Students Professional Development Day for Staff	19 Summer Vacation	20 Summer Vacation
23 SUMMER VACATION	24 SUMMER VACATION	25 SUMMER VACATION	26 SUMMER VACATION	27 SUMMER VACATION
30 SUMMER VACATION				

Weekly Nutrition Averages for the Month of June: 790 Calories, 50% Carbohydrate, 20% Protein, 30% Fat

** This institution is an equal opportunity provider and employer.