OSB Lunch Menu April 2024 Primary

• Harvest of the Month Item is "Leafy Greens"

• Fresh Fruit and Vegetable Offered Daily

• This institution is an equal opportunity provider and employer.

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
NO SCHOOL Spring Break	Baked Chicken Nuggets Enticing Brown Rice Steamed Broccoli Powerful Pears Mighty Milk	Grilled Cheese Sandwich on WG Bread Steamed Carrots Chilled Tasty Peaches Mighty Milk	Champion Cheeseburger on WG Bun Baked Beans All Star Applesauce Mighty Milk	Cheese Pizza on WG Crust Steamed Spinach Fruit Cocktail Mighty Milk
8	9	10	11	12
Palate Pleasing Chicken Fajitas Crunchy Corn Power Pears Mighty Milk	Chef's Special Chicken Tetrazzini Steamed Popeye's Spinach WG Roll Fresh Succulent Strawberries Mighty Milk	Super Sloppy Joe Sandwich on WG Bun Tossed Salad w/FF Dressing Sweet Potato Puffs Steamed Power Peas Chilled Tasty Peaches Mighty Milk	Marvelous Macaroni & Cheese Stewed Tomatoes Green Beans Apple Wedges Mighty Milk	Pepper Steak & Onion Over Rice WG Roll Awesome Apricots Mighty Milk
15	16	17	18	19
Chicken Parm Sandwich on WG Roll Tree Top Broccoli Palate Pleasing Peaches Mighty Milk	Filet O' Fish Sandwich Steamed Green Beans All Star Applesauce Mighty Milk	Spaghetti w/ Meat sauce WG Garlic Toast Steamed Spinach Fruit Cocktail Mighty Milk	Honey Lemon Chicken WG Egg Noodles Steamed Carrots WG Roll Chilled Apricots Mighty Milk	EARTH DAY Turkey Chili Over Rice Tossed Leafy Green Salad w/ Low Fat Italian Dressing Blueberry Cobbler Mighty Milk
22	23	24	25	26
Meatball Sub Steamed Carrots Chilled Pears Mighty Milk	Baked Chicken Nuggets w/BBQ Sauce WG Seasoned Noodles Steamed Broccoli WG Roll Chilled Tasty Peaches Mighty Milk	Spectacular Shepherd's Pie Power Packed Peas Mandarin Oranges Mighty Milk	Southwest BBQ Chicken Bowl Sweet Potato Fries Steamed Spinach WG Roll Apple Wedges Mighty Milk	Baked Fish Sticks w/Tartar Sauce Brown Rice Steamed Green Beans WG Roll Amazing Fruit Cocktail Mighty Milk
29	30			
Terrific Turkey & Cheese Sandwich on WG Bun Crunchy Steamed Carrots Chilled Pears Mighty Milk	Tasty Beef Lasagna Steamed Spinach Chilled Strawberries Mighty Milk			

Nutritional Weekly Averages: 660-660 Calorie Range: 50% Carbohydrate, 20% Protein, 30% Fat